

## **LEARNING OBJECTIVES**

**10-23-18**

### **DESIRED OUTCOMES**

At the end of the presentation, attendees will be able to:

- define culinary medicine and how it is being applied in inpatient and outpatient settings.
- evaluate some of the current literature regarding diet and cancer.
- explain how components of the Mediterranean Diet would both aid in reducing cancer risk and aid in decreasing angiogenesis and metastasis.
- introduce culinary innovations that may be helpful in chemotherapy.
- utilize Mediterranean Diet principles to effectively counsel your patients.
- prepare to assess cultural diversity issues in applying culinary medicine and/or cultural disparities in access to food that may be beneficial to cancer patients.