

## **LEARNING OBJECTIVES**

**7-8-21**

### **PERFORMANCE GAP/NEED:**

Evidence shows that an estimated one billion women have experienced menopause worldwide. The experience of menopause is influenced by beliefs and values prevalent in the sociocultural setting, the background of the women, and the ways in which the women approach changes in this phase of life. Independently of the circumstances involved, women experiencing menopause need to have their care needs and corresponding support identified based on their personal and contextual perspectives. <https://pubmed.ncbi.nlm.nih.gov/26455946/>

### **DESIRED OUTCOMES:**

- Apply the current FDA-approved indications for hormone therapy to one's prescribing habits.
- Interpret and manage the potential risks of menopausal hormone therapy.
- Examine the available information and risks inherent to "bioidentical" compounded formulations

**LEARNERS:** OB/GYN, general/family practitioners and related subspecialties as well as nursing and allied health workers

**DESIRABLE PHYSICIAN ATTRIBUTE:** provide patient centered care, apply evidence-based practice